



68th London Scouts Personal Gear List



Item	Winter	3-Season	Packed	Packed	Packed	Comments
BIG ITEMS						
Backpack/Duffel	√	√				Internal frame is best, particularly for long distances
Sleeping Pad and Foil Blanket	√	√				Provides insulation from ground, tenting trips only ***No Inflatable mattress in winter***
Sleeping Bag	√	√				Adequate to -20°C or augmented with a blanket, etc. 2 -10 °C bags doubled up will also work. Lighter bags may be acceptable for 3-season camping
FOOTWEAR						
Winter Boots	√					High cut, lined, water proof, not too tight
Hiking Boots	*	√				Comfortable, water proof, good treads
Other Footwear	*	√				Light weight, comfortable
Light Socks (inner layer)	√	√				Wear under wool socks in winter, 1 pair/day
Wool Socks (middle layer)	√	*				Provide warmth in winter, extra comfort, 1 pair/day or more
OUTERWEAR						
Winter Coat	√					VERY WARM!!! Pockets are useful
Jacket	√	√				Wind proof, water resistant, liner if available
Outer Pants	√	*				Wind proof, water resistant, liner in winter
Rainwear	√	√				2 piece is best
Toque	√	*				2 in winter , wear one to bed
Mitts/Gloves	√	*				2 pairs in winter or more
Hat	*	√				Reduces exposure to sun and insects
CLOTHING						
Necker	√	√				Take (wear where reasonable) to all camps
Sweater (middle layer)	√	√				2 in winter
T-shirt (inner layer)	√	√				1/day , wear under sweater in colder weather
Sleepwear	√	√				1/night in winter to stay dry (sweat suit with hood in winter)
Underwear and Long Johns (inner layer)	√	√				At least one extra pair , several for longer trips
Pants (middle layer)	√	√				2 pairs in winter , preferably no jeans in cold or wet weather
Shorts		√				2 in summer , convertible shorts are great and dry quickly
ACCESORIES						
Toiletries	√	√				Toothbrush, toothpaste, brush/comb, wash cloth, soap, etc.
Pocket Knife	√	√				Folding knives only, less than 3-inch blade
Compass	*	*				Necessary for certain programs
Flashlight	√	√				Extra batteries may be a good idea
Emergency Kit	*	*				A good idea if you have one, band-aids, etc.
Sunglasses	√	√				UV damages eyes year-round, particularly in winter
Sunscreen	*	√				Less necessary in winter due to skin coverage
Insect Repellent		√				Aerosol cans are often too bulky
Water Bottle	√	√				For transporting hot/cold beverages
Dishes	√	√				Plate, bowl, cup, cutlery, all in mesh bag and with name
Notepad & pen(cil)	*	√				Particularly for camps with badge work planned
Scout books	*	*				Scout Handbook, Field Book for Canadian Scouting

√ Mandatory * Optional

- * **Winter Dressing:** at night strip down completely, put on underwear, socks, t-shirt for the next day then sweatsuit, toque & mitts. In the morning replace sweatsuit with middle & outer layers.
- * Any missing mandatory items or items not on this list should be discussed with a leader
- * Camping between mid-November and mid-April is to be considered as a winter camp

COLD CAMPERS ARE NOT HAPPY CAMPERS!!!!!!!